

mafrens

YOUR BRUNCH COMBO

Choose any dish from the menu and upgrade it to brunch for just 7€ more!



Step 1

Choose one dish from the menu (favorites, toasts, bowls...)



Step 2

Choose your fav coffee or tea!



Step 3

Choose between:
Natural yoghurt with jam, granola and fruits / Oat porridge with fruit compote and honey

Step 4

Choose between natural orange juice or homemade lemonade

FAVORITES

Eggs benedict with smoked salmon 12,00€

Brioche bread, fresh spinach, smoked salmon, poached eggs and our delicious hollandaise sauce



Pastrami sandwich 14,00€

Smoked pastrami, arzuá cheese, dried tomatoes, fresh rocket and mustard



Vegan burger 13,50€

Beetroot, oats and brown rice burger. Served with roasted tomatoes, rocket, chimichurri and vegan mayonnaise



Mafrens chicken club 13,50€

Juicy chicken, bacon, fresh tomato, rocket and smoked mayonnaise



Focaccia 12,50€

Black olive pate, melted mozzarella cheese, roasted tomato and fresh rocket



Pancakes 10,50€

Pancakes with freshly cut fruit and chocolate



Açaí waffles 10,50€

Waffles with chunks of fruit and açai ice cream



★ MAFRENS KITCHEN

12,50€

Choose an ingredient at each step, add extras too!

STEP 1

1º Sweet potatoes

2º Couscous volcano with tuscan tomato

3º Broccoli

STEP 2

1º Norwegian smoked salmon

2º Baked chicken with spices

3º Fresh mozzarella

STEP 3

1º Chef's hummus

2º Avocado

3º Roasted veggies

STEP 4

1º Mild cheese sauce

2º Balsamic sauce

3º Basil sauce

4º Smoked mayo

EXTRAS

*for all the menu

Avocado	2,00€
Iberian ham	3,00€
Chicken	3,00€
Salmon	3,50€
Jam	1,00€

Poached egg	2,00€
Pastrami	3,50€
Roasted veggies	1,50€
Mozzarella	3,00€
Roasted tomato	1,50€

TOASTS

Avocado toast

Avocado slices on rye and seed bread

7,90€

Iberian ham and tomato toast

Rye and seed bread with iberian ham and hand-scratched tomatoes

7,90€

Mascarpone cheese and honey toast

Rye and seed bread with mascarpone cheese, hoeny and walnuts on top

6,90€

Tomato and blue cheese toast

Rye and seed bread with roasted tomato and creamy blue cheese

6,90€

Cocoa toast with fruits

Rye and seed bread with an irresistible cocoa coating and fresh seasonal fruit

6,90€

Butter and jam toast

3,00€

Tomato and AOVE toast

2,50€

EXTRAS

Avocado 2,00€

Iberian ham 3,00€

Chicken 3,00€

Roasted tomato 1,50€

Jam 1,00€

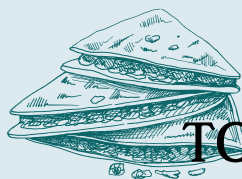
Poached egg 2,00€

Pastrami 3,50€

Roasted veggies 1,50€

Mozzarella 3,00€

Salmon 3,50€



TO SHARE

Guacamole con tortilla chips

Homemade guacamole with crispy corn tortilla chips

12,50€

Chicken quesadilla

Chicken, cheddar, mozzarella and pico de gallo quesadilla

10,50€

Hummus of the week

Hummus with carrot and cucumber strips as a dip

9,00€

BOWLS

Pure açai with granola and freshly cut fruit

Natural açai ice cream with granola and fresh fruit

10,50€

Oat porridge and fruit compote

Porridge with fresh fruit compote, honey and walnuts

8,00€

Yoghurt with jam, granola and fruit

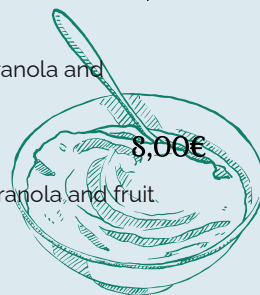
Plain yoghurt with homemade jam, granola and freshly-cut fruit

8,00€

Chia pudding

Chia pudding with homemade jam, granola and fruit

8,00€



TRACES



DESSERTS

★Uncle Luigi's cheesecake

Creamy goat's cheese cake with biscuit base

5,50€

★Carrot cake

Fluffy carrot cake with frosting

5,50€

Uncle Luigi's brownie

Pistachio brownie

4,50€

Homemade cookie

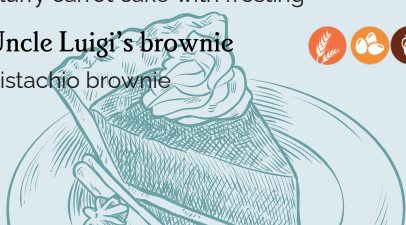
Classic croissant

Chocolate croissant

3,00€

2,20€

2,30€



CONTIENE GLUTEN

HUEVOS

PESCADO

LACTEOS

SOJA

MOLUSCOS

CACAHUETES

FRUTOS DE CÁSCARA

CRUSTÁCEOS

DIOXÍDO DE AZÚFRE Y SULFITOS

GRANOS DE SÉSAMO

MOSTAZA

ALTRAMUCES

COFFEE

SPECIALTY COFFEE

*Oat milk (+0,30€)

Espresso	2,20€	Latte	3,20€
Americano	2,50€	Iced Latte	4,00€
Cortado	2,50€	Cold Brew	4,00€
Flat white	3,00€	Pistachio Latte	5,00€
Coffee with milk	2,70€	Pumpkin Spice Latte	5,00€
Capuccino	3,20€	Baileys Iced Latte	5,00€



SPECIAL DRINKS

Cacao	3,20€
Chai Latte	4,00€
Iced Chai Latte	4,50€
Golden Latte	4,00€
Matcha Latte	4,00€
Mimosa	5,50€
Red berries kombucha	4,00€
Ginger and lemon kombucha	4,00€

SOFT DRINKS

Coca Cola normal / zero	3,50€
Aquarius lemon / orange	3,50€
Fanta lemon / orange	2,50€
Natural orange juice	2,50€
Lemonade	3,70€
Sparkling water 33 cl	2,50€
Mineral water 50 cl	2,50€

TEAS & INFUSIONS

Ginger and lemon green tea	3,00€
Moroccan mint green tea	3,00€
Turkish passion red tea	3,00€
Black organic chai tea	3,00€
Black earl gray tea	3,00€
Strawberry and raspberry BIO infusion	3,00€
Mango and passion fruit Rooibos	3,00€
Apple, almonds and cinnamon Rooibos	3,00€
Chamomile infusion	3,00€

BEER

La Cibeles grifo "La Rubia"	3,90€ / 6,30€
Alcohol free beer	3,50€
Gluten free beer	4,00€



VINO

Tinto Rioja Crianza	4,00€
Verdejo	4,00€
Tinto de verano	5,00€
Vermut	4,00€

SMOOTHIES



Mango loves Piña	5,50€
Made with mango, pineapple, banana and orange	
Ginger Garden	5,50€
Made with ginger, green apple, fresh spinach, kiwi and mint	
Red Berry Boom	5,50€
Made with strawberries, raspberries, blueberries, blackberries and oranges	